



1st Twyford Summer Camp 2017

Factsheet 2– Personal Kit List

Kit	Check
Group T shirt and necker (Scout shirt is NOT required)	
Rucksack /holdall / kit bag (Ensure everything fits inside as room in the van limited - this includes sleeping bag and rollmat!) - recommend between 65-80 litre size	
Sleeping bag	
Roll mat	
Waterproof coat	
T shirts	
2 Pair shorts - generally worn whilst cycling each day	
Sun screen/cream	
Sun hat	
Pyjamas	
Personal wash kit ¹	
Towel x2 (one for water based activities/beach) the micro fibre type take up less space	
Swimwear - note that some French pools do not allow board shorts and only allow swimming trunks	
Tea towel (preferably an old one)	
Plate/bowl/mug and cutlery	
Warm sweater or fleece (might get cold in evenings)	
Long sleeved shirt (for the evenings)	
1 pair Trousers (NOT JEANS)	
Underwear (a week's worth)	
socks (a weeks' worth- but matching pairs are not a must)	
Personal first aid kit	
Torch with spare batteries!!	
Teddy!	
Handkerchiefs/tissues	
Plastic bags for dirty/wet clothes	
Beach wear (shorts/board shorts, T shirt and old trainers or water shoes)	

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Personal Kit List continued

Kit	Check
Spare shorts	
Pair trainers	
Extra socks !!	
Leaders suggest some headphones/earplugs as we are camping on commercial sites - can be noisy at night	
Book or games - for the ferry crossing and quiet time in the evenings	
Small daysack, one that can be comfortably worn all day whilst cycling	
Bike in good state of repair	
Cycle tools - a spare inner tube that fits your bike , tyre levers, spanner/multitool, puncture repair kit and if you have one, a small pump	
Cycle helmet - This is mandatory	
Water bottle or bladder - minimum of 1.5 litres that can be carried whilst cycling	
Bike lock - if you have one, please bring it along	
A small camera if you have one, we do enjoy the pictures taken by the scouts when we report back in the autumn.	
Mobile phones - are neither required or recommended and are not covered by our Insurance.	

1. Please note : Aerosols of any kind are not permitted at camp